LOCAL PRODUCE

SOUTHERN REGION | WEEK OF AUG. 30, 2026

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HIGHLIGHTS FOR THE WEEK

JOHN'S CRYSTAL BALL

our local produce purchaser predicts what's next

In case you missed it, last week we added **yellow tomatoes in 10 lb pack (#28723) from Sunny Creek Farms in Tryon, NC**, joining the lineup of heirlooms, cherry heirlooms, and red 5x6.

Looking ahead, **don't forget to pre-order local, all-natural turkey for Thanksgiving from Joyce Farms in Winston-Salem, NC, online by Sept. 15!**

- **#00382** - ALL NATURAL 10-14 lb avg 4CT case - $4.25/lb
- **#01029** - ALL NATURAL 16-20 lb avg 2CT case - $4.25/lb
- **#66660** - HERITAGE BLACK 11-16 lb avg 2CT case - $7.20/lb
- **#18148** - BONE-IN BREAST 10-12 lb avg 4CT case - $6.55/lb

Find some top seasonal, local picks below and check out:

- more **seasonal specialties** from smaller farms - *p. 2-3*
- **commodities** currently **filled from local sources** - *pp. 4*
- local **sprouts, microgreens, and edible flowers** - *pp. 5-6*

JOHN'S LOCAL, SEASONAL PICKS FOR THE WEEK

ITEM	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
31078	GRAPES - MUSCADINE	20 LB CS	WRAY	GA	PAULK VINEYARDS
10857	GRAPES - SCUPPERNONG	20 LB CS	WRAY	GA	PAULK VINEYARDS
28880	BEANS - BUTTER GREEN SHELLED	8 LB		GA	*MULTIPLE FARMS*
29612	BEANS - SPECKLED SHELLED	8 LB		GA	*MULTIPLE FARMS*
33461	PEAS - LADY SHELLED	8 LB		GA	*MULTIPLE FARMS*
29615	PEAS - PINK EYE SHELLED	8 LB		GA	*MULTIPLE FARMS*
28723	TOMATO - YELLOW	10 LB	TRYON	NC	SUNNY CREEK FARMS

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SEASONAL SPECIALTIES FROM SMALL AND MEDIUM-SIZED FARMS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
28880	BEANS - BUTTER GREEN SHELLED	8 LB		GA	*MULTIPLE FARMS*
29612	BEANS - SPECKLED SHELLED	8 LB		GA	*MULTIPLE FARMS*
31078	GRAPES - MUSCADINE	20 LB CS	WRAY	GA	PAULK VINEYARDS
10857	GRAPES - SCUPPERNONG	20 LB CS	WRAY	GA	PAULK VINEYARDS
37674	LETTUCE - GREEN OAK LEAF HYDRO SCF	6 CT CLAMS	TRYON	SC	SUNNY CREEK FARMS
33458	LETTUCE - HYDRO FANCY VARIETY	24 CT CS	TRYON	NC	SUNNY CREEK FARMS
36329	LETTUCE - RED OAK LEAF HYDRO SCF	6 CT CLAMS	TRYON	NC	SUNNY CREEK FARMS
36465	MUSHROOMS - BLACK PEARL	3 LB CS	OTTO	NC	DREAM BIG FARMS
36466	MUSHROOMS - CHESTNUT	3 LB CS	OTTO	NC	DREAM BIG FARMS
36463	MUSHROOMS - CORAL TOOTH	3 LB CS	OTTO	NC	DREAM BIG FARMS
36469	MUSHROOMS - GOLDEN ENOKI	3 LB CS	OTTO	NC	DREAM BIG FARMS
36464	MUSHROOMS - LIONS MANE	3 LB CS	OTTO	NC	DREAM BIG FARMS
37449	MUSHROOMS - MAITAKE	3 LB CS	BEECHGROVE	TN	HEDGEHOG
36462	MUSHROOMS - PINK OYSTER	3 LB CS	OTTO	NC	DREAM BIG FARMS
36467	MUSHROOMS - PIOPPINO	3 LB CS	OTTO	NC	DREAM BIG FARMS
35669	MUSHROOMS - SHIITAKE CAPS	5 LB CS	ELLIJAY	GA	ELLIJAY MUSHROOMS
35418	MUSHROOMS - SHIITAKE	3 LB CS	ELLIJAY	GA	ELLIJAY MUSHROOMS
37450	MUSHROOMS - TRUMPET	3 LB CS	BEECHGROVE	TN	HEDGEHOG
35550	MUSHROOMS OYSTER GOLDEN	3 LB CS	OTTO	NC	DREAM BIG FARMS
35539	MUSHROOMS SHIITAKE	5 LB CS	ELLIJAY	GA	ELLIJAY MUSHROOMS
33461	PEAS - LADY SHELLED	8 LB		GA	*MULTIPLE FARMS*
29615	PEAS - PINK EYE SHELLED	8 LB		GA	*MULTIPLE FARMS*

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SEASONAL SPECIALTIES FROM SMALL AND MEDIUM-SIZED FARMS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
50001	TOMATO - 5X6	25 LB	TYRON	NC	SUNNY CREEK FARMS
36266	TOMATO - HEIRLOOM	10 LB FLAT	TRYON	NC	SUNNY CREEK FARMS
36267	TOMATO - CHERRY HEIRLOOM	12 PT CS	TRYON	NC	SUNNY CREEK FARMS
28723	TOMATO - YELLOW	10 LB	TRYON	NC	SUNNY CREEK FARMS

GEORGIA PECANS ARE AVAILABLE NOW, TOO!

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
95321	NUTS - PECANS HALVES WHOLE RAW	2 LB BAG	HAWKINSVILLE	GA	PRIME PECAN
95322	NUTS - PECANS PIECES RAW	2 LB BAG	HAWKINSVILLE	GA	PRIME PECAN
38452	PECANS - HALVES WHOLE RAW	30 LB CS	HAWKINSVILLE	GA	PRIME PECAN
38453	PECANS - PIECES RAW	30 LB CS	HAWKINSVILLE	GA	PRIME PECAN

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YEAR-ROUND ITEMS, AVAILABLE FROM LOCAL FARMS RIGHT NOW

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
29590	GREENS - COLLARD	6 CT	LYONS	GA	LG HERNDON JR FARMS
08224	GREENS - COLLARD	12 CT	LYONS	GA	LG HERNDON JR FARMS
18580	GREENS - COLLARD CHOPPED	8/1 LB CS	LYONS	GA	LG HERNDON JR FARMS
28954	GREENS - COLLARD CHOPPED	6/2 LB CS	LYONS	GA	LG HERNDON JR FARMS
08225	GREENS - COLLARD CHOPPED	2 LB	LYONS	GA	LG HERNDON JR FARMS
20308	GREENS - COLLARD GREENS	24 CT CS	LYONS	GA	LG HERNDON JR FARMS
31195	GREENS - COLLARD LOOSE	CS	LYONS	GA	LG HERNDON JR FARMS
28955	GREENS - COLLARD SHREDDED	6/2 LB CS	LYONS	GA	LG HERNDON JR FARMS
15927	GREENS - MUSTARD CHOPPED	8/1 LB CS	LYONS	GA	LG HERNDON JR FARMS
28983	GREENS - SOUTHERN	8/1 LB	LYONS	GA	LG HERNDON JR FARMS
34375	GREENS - TURNIP	CASE	LYONS	GA	LG HERNDON JR FARMS
16082	GREENS - TURNIP CHOPPED	8/1 LB	LYONS	GA	LG HERNDON JR FARMS
08302	KALE	6 CT	LYONS	GA	LG HERNDON JR FARMS
28981	KALE - CHOPPED	8/1 LB	LYONS	GA	LG HERNDON JR FARMS
70025	ONIONS - VIDALIA JUMBO SWEET	40 LB CS	LYONS	GA	LG HERNDON JR FARMS
38452	PECANS - HALVES WHOLE RAW	30 LB CS	HAWKINSVILLE	GA	PRIME PECAN
95321	PECANS - HALVES WHOLE RAW	2 LB BAG	HAWKINSVILLE	GA	PRIME PECAN
20518	RADISH - RED	1 LB BAG	IMMOKALEE	FL	JGL PRODUCE
20517	RADISH - RED	14/1 LB CS	IMMOKALEE	FL	JGL PRODUCE

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SPROUTS, MICROGREENS, AND EDIBLE FLOWERS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
37626	EDIBLE FLOWERS	50 CT	TALLAHASSEE	FL	LEGACY GREENS
40303	FLOWERS - EDIBLE VIOLAS	50 CT PK	NASHVILLE	TN	GREENER ROOTS FARM
40309	FLOWERS - MARIGOLD	50 CT PK	NASHVILLE	TN	GREENER ROOTS FARM
33757	HERB - BABY RED VEIN SORREL	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
29650	MICRO - ARTISAN CHEF MIX	8 OZ	RIVERVIEW	FL	CAHABA CLUB
36577	MICRO - ARUGULA	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36578	MICRO - AVO TOAST BLEND	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
40311	MICRO - BULL'S BLOOD	8 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36592	MICRO - RADISH TRIO	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36593	MICRO - RAINBOW MIX	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
02936	MICRO - SPICY MIX	8 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36868	MICRO - SPICY MIX	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36409	MICRO ARUGULA	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36422	MICRO AVO TOAST BLEND	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36414	MICRO BASIL	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36410	MICRO BULLS BLOOD	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36411	MICRO BULLS BLOOD	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36412	MICRO CILANTRO	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36413	MICRO CILANTRO	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36415	MICRO LEEKS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36425	MICRO RADISH TRIO	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36426	MICRO RAINBOW MIX	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS

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SPROUTS, MICROGREENS, AND EDIBLE FLOWERS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
33761	MICRO RAINBOW MIX	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
33762	MICRO SHISO	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
33765	MICRO SPICY MIX	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36416	MICRO SWEET PEA SHOOTS	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36417	MICRO SWEET PEA SHOOTS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
33764	MICROS - NASTURTIUM LEAVES	3 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
03390	PETITE PEAS W/ TENDRILS	8 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36428	RED VEINED SORREL	FULL TRAY	TALLAHASSEE	FL	LEGACY GREENS
36594	RED VEINED SORREL	HALF TRAY	TALLAHASSEE	FL	LEGACY GREENS
36595	TENDRIL PEA SHOOTS	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36418	TENDRIL PEA SHOOTS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36596	YELLOW PEA SHOOTS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS

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