

LOCAL PRODUCE

SOUTHERN REGION | WEEK OF JULY 19, 2026

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HIGHLIGHTS FOR THE WEEK



JOHN'S CRYSTAL BALL

our local produce purchaser predicts what's next

Tomatoes from Charlene's Garden should be available in the next few days. They're getting some color now. We'll see heirlooms, mixed cherry heirlooms, Mountain Gems, and Golds. Stay tuned and get ready!

Peaches, watermelons, and all things warm veg are in abundance across the **GA, TN, SC** line now.

Find some top fresh picks below and check out:

- more **seasonal specialties** from smaller farms - p. 2
- **commodities** currently **filled from local sources** - pp. 3-4
- local **sprouts, microgreens, and edible flowers** - pp. 5-6



JOHN'S LOCAL, SEASONAL PICKS FOR THE WEEK

ITEM	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
36037	BLACKBERRIES	12/6OZ	DAYTON MOUNTAIN	TN	BURTON BRAMBLES FARM
3600	CABBAGE - GREEN	EA	LAKE PARK	GA	CORBETT BROTHERS
37674	LETTUCE - GREEN OAK LEAF HYDRO SCF	6 CT CLAMS	TRYONE	NC	SUNNY CREEK FARMS
33458	LETTUCE - HYDRO FANCY VARIETY	24 CT CS	TRYONE	NC	SUNNY CREEK FARMS
38482	PEACHES - SOUTH CAROLINA	25LB CS	RIDGE SPRING	SC	TITAN FARMS
36464	MUSHROOMS - LIONS MANE	3 LB CS	OTTO	NC	DREAM BIG FARMS

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SEASONAL SPECIALTIES FROM SMALL AND MEDIUM-SIZED FARMS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
36037	BLACKBERRIES	12/6 OZ	DAYTON MOUNTAIN	TN	BURTON BRAMBLES FARM
37674	LETTUCE - GREEN OAK LEAF HYDRO SCF	6 CT CLAMS	TRYONE	SC	SUNNY CREEK FARMS
33458	LETTUCE - HYDRO FANCY VARIETY	24 CT CS	TRYONE	NC	SUNNY CREEK FARMS
36329	LETTUCE - RED OAK LEAF HYDRO SCF	6 CT CLAMS	TRYONE	NC	SUNNY CREEK FARMS
36465	MUSHROOMS - BLACK PEARL	3 LB CS	OTTO	NC	DREAM BIG FARMS
36466	MUSHROOMS - CHESTNUT	3 LB CS	OTTO	NC	DREAM BIG FARMS
36463	MUSHROOMS - CORAL TOOTH	3 LB CS	OTTO	NC	DREAM BIG FARMS
36469	MUSHROOMS - GOLDEN ENOKI	3 LB CS	OTTO	NC	DREAM BIG FARMS
36464	MUSHROOMS - LIONS MANE	3 LB CS	OTTO	NC	DREAM BIG FARMS
36462	MUSHROOMS - PINK OYSTER	3 LB CS	OTTO	NC	DREAM BIG FARMS
36467	MUSHROOMS - PIOPPINO	3 LB CS	OTTO	NC	DREAM BIG FARMS
35669	MUSHROOMS - SHIITAKE CAPS	5 LB CS	ELLIJAY	GA	ELLIJAY MUSHROOMS
35418	MUSHROOMS - SHIITAKE	3 LB CS	ELLIJAY	GA	ELLIJAY MUSHROOMS
35550	MUSHROOMS OYSTER GOLDEN	3 LB CS	OTTO	NC	DREAM BIG FARMS
35539	MUSHROOMS SHIITAKE	5 LB CS	ELLIJAY	GA	ELLIJAY MUSHROOMS
35988	PEACHES	25 LB CS		GA	MULTIPLE FARMS
38482	PEACHES	25 LB CS	RIDGE SPRING	SC	TITAN FARMS
33461	PEAS - LADY SHELLLED	8 LB		GA	MULTIPLE FARMS

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YEAR-ROUND ITEMS, AVAILABLE FROM LOCAL FARMS RIGHT NOW

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
04801	BEANS - SNAP FANCY	25 LB		FL	MULTIPLE FARMS
29447	BEANS - SNAP FANCY	5 LB		FL	MULTIPLE FARMS
29764	BEANS - SNAP FANCY	LB		FL	MULTIPLE FARMS
03600	CABBAGE - GREEN	EA	LAKE PARK	GA	CORBETT BROTHERS
20296	CABBAGE - GREEN BOXED	CS		GA	MULTIPLE FARMS
20206	CABBAGE - RED BOXED CARTON	CS	ADEL	GA	GARCIA FARMS
20047	CORN - YELLOW SWEET	BUSHEL		GA	MULTIPLE FARMS
20052	CUCUMBERS - PICKLING/KIRBY	BUSHEL		GA	MULTIPLE FARMS
20054	CUCUMBERS - SELECT	BUSHEL		GA	MULTIPLE FARMS
20056	CUCUMBERS - SUPER SELECT	BUSHEL		GA	MULTIPLE FARMS
20057	EGGPLANT	BUSHEL		GA	MULTIPLE FARMS
29590	GREENS - COLLARD	6 CT	LYONS	GA	LG HERDON JR FARMS
08224	GREENS - COLLARD	12 CT	LYONS	GA	LG HERDON JR FARMS
18580	GREENS - COLLARD CHOPPED	8/1LB CASE	LYONS	GA	LG HERDON JR FARMS
28954	GREENS - COLLARD CHOPPED	6/2 LB CS	LYONS	GA	LG HERDON JR FARMS
08225	GREENS - COLLARD CHOPPED	2 LB	LYONS	GA	LG HERDON JR FARMS
20308	GREENS - COLLARD GREENS	24 CT CS	LYONS	GA	LG HERDON JR FARMS
31195	GREENS - COLLARD LOOSE	CS	LYONS	GA	LG HERDON JR FARMS
28955	GREENS - COLLARD SHREDDED	6/2 LB CS	LYONS	GA	LG HERDON JR FARMS
15927	GREENS - MUSTARD CHOPPED	8/1 LB CS	LYONS	GA	LG HERDON JR FARMS
28983	GREENS - SOUTHERN	8/1 LB	LYONS	GA	LG HERDON JR FARMS

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34375	GREENS - TURNIP	CASE	LYONS	GA	LG HERDON JR FARMS
16082	GREENS - TURNIP CHOPPED	8/1 LB	LYONS	GA	LG HERDON JR FARMS
08302	KALE	6 CT	LYONS	GA	LG HERDON JR FARMS
28981	KALE - CHOPPED	8/1 LB	LYONS	GA	LG HERDON JR FARMS
70025	ONIONS - VIDALIA JUMBO SWEET	40 LB CS	LYONS	GA	LG HERDON JR FARMS
20800	PEPPERS - GREEN BELL	1-1/9BU		GA	MULTIPLE FARMS
28767	PEPPERS - GREEN BELL JUMBO	1-1/9 BU		GA	MULTIPLE FARMS
34393	PEPPERS - GREEN BELL MEDIUM	1-1/9 BU		GA	MULTIPLE FARMS
28766	PEPPERS - GREEN LARGE/EXTRA LG	1-1/9 BU	LESLIE	GA	MYRICK PRODUCE
20518	RADISH - RED	1 LB BAG	IMMOKALEE	FL	JGL PRODUCE
20517	RADISH - RED	14/1 LB CS	IMMOKALEE	FL	JGL PRODUCE
20610	SQUASH - ACORN	30-40 LB CS	IMMOKALEE	FL	SOUTHERN VALLEY FARM
28714	SQUASH - ACORN 1-1/9 BUSHEL	10 LB	IMMOKALEE	FL	SOUTHERN VALLEY FARM
20615	SQUASH - BUTTERNUT	30-40 LB CS		GA	MULTIPLE FARMS
20600	SQUASH - YELLOW FANCY	1/2 BU		GA	MULTIPLE FARMS
20602	SQUASH - YELLOW MEDIUM	1/2 BU		GA	MULTIPLE FARMS
20604	SQUASH - ZUCCHINI FANCY	1/2 BU		GA	MULTIPLE FARMS
20606	SQUASH - ZUCCHINI MEDIUM	1/2 BU		GA	MULTIPLE FARMS
10635	WATERMELON - RED SEEDLESS	EA		GA	MULTIPLE FARMS
02336	WATERMELON - RED SEEDLESS	4-5 CT		GA	MULTIPLE FARMS
04806	WATERMELON - SEEDLESS BIN	60 CT BIN		GA	MULTIPLE FARMS
04804	WATERMELON - RED SEEDLESS	45 CT BIN		GA	MULTIPLE FARMS

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SPROUTS, MICROGREENS, AND EDIBLE FLOWERS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
37626	EDIBLE FLOWERS	50 CT	TALLAHASSEE	FL	LEGACY GREENS
40303	FLOWERS - EDIBLE VIOLAS	50 CT PK	NASHVILLE	TN	GREENER ROOTS FARM
40309	FLOWERS - MARIGOLD	50 CT PK	NASHVILLE	TN	GREENER ROOTS FARM
33757	HERB - BABY RED VEIN SORREL	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
29650	MICRO - ARTISAN CHEF MIX	8 OZ	RIVERVIEW	FL	CAHABA CLUB
36577	MICRO - ARUGULA	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36578	MICRO - AVO TOAST BLEND	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
40311	MICRO - BULL'S BLOOD	8 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36592	MICRO - RADISH TRIO	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36593	MICRO - RAINBOW MIX	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
02936	MICRO - SPICY MIX	8 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36868	MICRO - SPICY MIX	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36409	MICRO ARUGULA	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36422	MICRO AVO TOAST BLEND	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36414	MICRO BASIL	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36410	MICRO BULLS BLOOD	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36411	MICRO BULLS BLOOD	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36412	MICRO CILANTRO	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36413	MICRO CILANTRO	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36415	MICRO LEEKS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36425	MICRO RADISH TRIO	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36426	MICRO RAINBOW MIX	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS

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SPROUTS, MICROGREENS, AND EDIBLE FLOWERS

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33761	MICRO RAINBOW MIX	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
33762	MICRO SHISO	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
33765	MICRO SPICY MIX	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36416	MICRO SWEET PEA SHOOTS	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36417	MICRO SWEET PEA SHOOTS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
33764	MICROS - NASTURTIUM LEAVES	3 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
03390	PETITE PEAS W/ TENDRILS	8 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36428	RED VEINED SORREL	FULL TRAY	TALLAHASSEE	FL	LEGACY GREENS
36594	RED VEINED SORREL	HALF TRAY	TALLAHASSEE	FL	LEGACY GREENS
36595	TENDRIL PEA SHOOTS	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36418	TENDRIL PEA SHOOTS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36596	YELLOW PEA SHOOTS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS

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