

LOCAL PRODUCE

CENTRAL REGION | WEEK OF MAY 17, 2026

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HIGHLIGHTS FOR THE WEEK



ANNA'S CRYSTAL BALL

what our local produce purchaser predicts

The season is **ACCELERATING!**

Thanks to unusually warm early spring temperatures, the season is getting a head start—and it's showing up in the fields. We're seeing earlier arrivals and a noticeable expansion in variety, giving us a glimpse of what's just around the corner.

🌿 Greens Are Still Leading the Way - Greens continue to anchor the market, and availability is only getting stronger as more farms come online: **Kale** (multiple varieties), **collards**, and **mustard greens** are all showing up in greater volume. **Swiss chard** is adding even more color and versatility to the mix. These crops are thriving right now, and they're defining the current seasonal moment. Fresh, abundant, and reliable.

🥒 Early Signs of Summer Crops - Here's where things start to get exciting... We're beginning to see the first appearances of **cucumbers**, **squash**, and **zucchini** from a handful of growers. This is an early glimpse of summer, but it comes with a note: These items are very limited for now. Availability is light, but the signal is strong. More soon.



🍅 On the Horizon: Tomatoes - There's growing buzz about the first **tomatoes**, with some expected as early as mid-next week. It's still early, and volumes will be extremely tight, but this is one of the clearest indicators yet that the season is about to turn a major corner.

🌱 What This Means - This week is all about momentum. **Greens** are in their stride, early summer crops are cautiously stepping onto the scene, and the next wave, led by tomatoes, is already in sight. We're not at peak season yet, but we're officially on our way.

👁️ Keep watching the Crystal Ball. Things are about to move fast! ✨

Find the **NEWEST local picks** starting this week below, and then check out:

- **more seasonal specialties** from smaller farms - pp. 2-3
- **local sprouts, microgreens, and edible flowers** - pp. 4-8

ITEM	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
04502	CUCUMBERS	6 CT	CERULEAN	KY	FAMILY FARM FRESH
26490	RADISH - EASTER EGG	3 LB	RHODELIA	KY	 BARR FARMS
21025	RADISH - RED	3 LB	RHODELIA	KY	 BARR FARMS
22666	SQUASH - YELLOW MEDIUM	5 LB	CERULEAN	KY	LLOYD HORNING
04511	SQUASH - ZUCCHINI	5 LB	CERULEAN	KY	LLOYD HORNING



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SEASONAL SPECIALTIES FROM SMALL + MEDIUM-SIZED FARMS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
19105	APPLE - GOLDEN DELICIOUS	88-100 CT	RITTMAN	OH	BAUMAN ORCHARDS
04131	APPLE - LOCAL VARIETY	125/138 CT	RITTMAN	OH	BAUMAN ORCHARDS
21143	APPLES - EVERCRISP	88-100 CT	RITTMAN	OH	BAUMAN ORCHARDS
21543	CARROT - ORANGE	10 LB	TIFFIN	OH	RIEHM PRODUCE FARM
36231	CORN - ON THE COB 5" FROZEN	1/5 CT CS	HAWESVILLE	KY	OBENCHAIN FARMS
04502	CUCUMBERS	6 CT	CERULEAN	KY	FAMILY FARM FRESH
24110	COLLARDS	6 BUNCHES	HOPKINSVILLE	KY	NELSON HOOVER
24235	GREENS - MIZUNA RED GREEN	12 BUNCHES	SMYRNA	TN	BLOOMSBURY FARM
23128	HERB - PARSLEY	8 OZ PACK	TIFFIN	OH	RIEHM PRODUCE FARM
21144	KALE - CURLY CASE	24 BUNCHES	HERNDON	KY	AARON KING
23357	KALE - CURLY	6 BUNCHES	SMYRNA	TN	BLOOMSBURY FARM
23510	KALE - LACINATO CASE	24 BUNCHES	HERNDON	KY	AARON KING
22543	KALE - LACINATO	6 BUNCHES	SMYRNA	TN	BLOOMSBURY FARM
36018	MUSHROOMS - "BLUE" OYSTER	3 LB	BEECHGROVE	TN	HEDGEHOG
36020	MUSHROOMS - KING TRUMPET	3 LB	BEECHGROVE	TN	HEDGEHOG
24029	MUSHROOMS - LIONS MANE	3 LB	BEECHGROVE	TN	HEDGEHOG
36024	MUSHROOMS - MAITAKE	3 LB	BEECHGROVE	TN	HEDGEHOG
36026	MUSHROOMS - SAMPLER	3 LB	BEECHGROVE	TN	HEDGEHOG
19215	MUSHROOMS - SHIITAKE	3 LB	BEECHGROVE	TN	HEDGEHOG
22777	ONION - GREEN	12 BUNCHES	SMYRNA	TN	BLOOMSBURY FARM
19233	POTATO - FINGERLING MIX	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM

KY PRODUCE VENDORS HERE PARTICIPATE IN THE KY PROUD PROGRAM.

MOST PRODUCTS SHOULD BE GOLD (FULL DIRECT FARM IMPACT).

CHECK WITH THE [KY PROUD PROGRAM](#) TO CONFIRM PRODUCT STATUS + LEARN MORE ABOUT THE KY BUY LOCAL REBATE.

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ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
22234	POTATO - FINGERLING REDSKIN	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM
19189	POTATO - FINGERLING RUSSIAN BANANA	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM
22233	POTATO - FINGERLING PINTO GOLD	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM
26313	POTATO - YUKON	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM
25810	POTATO - SWEET	10 LB	RHODELIA	KY	BARR FARMS
37371	POTATO - SWEET PURPLE	20 LB CS	LEXINGTON	KY	BUNNY'S PURPLE SWEET POTATOES
26490	RADISH - EASTER EGG	3 LB	RHODELIA	KY	BARR FARMS
21025	RADISH - RED	3 LB	RHODELIA	KY	BARR FARMS
04824	RADISH - RED ROVER	12 BUNCHES	SMYRNA	TN	BLOOMSBURY FARM
21083	RHUBARB (LIMITED)	5 LB	ROCKVILLE	IN	FAMILY FARM FRESH
34024	STRAWBERRIES - GREEN	1 LB	LONDON	KY	CORNETT FARM FRESH
26934	STRAWBERRIES	8/1 QT	LONDON	KY	CORNETT FARM FRESH
34010	STRAWBERRIES - GREENHOUSE GROWN	10/12 OZ	SOMERSET	KY	BOSCH GROWERS
25590	STRAWBERRIES FIELD GROWN	4/4.5 LB	LONDON	KY	CORNETT FARM FRESH
36623	SALAD KIT - FEELIN' GOUDA SINGLE SERVE	6/5.4 OZ	NEWPORT	KY*	80 ACRES URBAN FARM
36624	SALAD KIT - HAIL CAESAR SINGLE	6/5.2 OZ	NEWPORT	KY*	80 ACRES URBAN FARM
22666	SQUASH - YELLOW MEDIUM	5 LB	CERULEAN	KY	LLOYD HORNING
4511	SQUASH - ZUCCHINI	5 LB	CERULEAN	KY	LLOYD HORNING
22360	TURNIPS - BABY HAKUREI	12 BUNCHES	SMYRNA	TN	BLOOMSBURY FARM

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*KY lettuce, kit assembled in OH

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SPROUTS, MICROGREENS, AND EDIBLE FLOWERS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
40303	FLOWERS - EDIBLE VIOLAS	5 CT PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02394	MICRO - AMARANTH RED	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02363	MICRO - ARUGULA	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37432	MICRO - ARUGULA	4 OZ PK	LEXINGTON	KY	🌱 EVERAE GARDENS
34208	MICRO - ARUGULA	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02365	MICRO - BASIL ITALIAN	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37433	MICRO - BASIL	4 OZ PK	LEXINGTON	KY	🌱 EVERAE GARDENS
40411	MICRO - BASIL MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03575	MICRO - BASIL OPAL	6 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
34204	MICRO - BASIL	6 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
04088	MICRO - BASIL THAI	4 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
38322	MICRO - BOUJEE BLEND	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37434	MICRO - BROCCOLI	4 OZ PK	LEXINGTON	KY	🌱 EVERAE GARDENS
02699	MICRO - CELERY	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02383	MICRO - CHERVIL	6 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40315	MICRO - CILANTRO	4 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37435	MICRO - CILANTRO	4 OZ PK	LEXINGTON	KY	🌱 EVERAE GARDENS
33759	MICRO - CILANTRO	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
35131	MICRO - CILANTRO PETITE	4 OZ PK	INDIANAPOLIS	IN	ROKA FARMS
34203	MICRO - CILANTRO	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS

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ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
02815	MICRO - CITRUS MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37436	MICRO - CLOVER	4 OZ PK	LEXINGTON	KY	EVERAE GARDENS
34209	MICRO - DIJON MUSTARD	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
10809	MICRO - DILL	4 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02341	MICRO - FENNEL	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02729	MICRO - FIESTA (CHEF) BLEND	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37437	MICRO - GARDEN BLEND	4 OZ PK	LEXINGTON	KY	EVERAE GARDENS
34211	MICRO - GARDEN MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
24072	MICRO - HERB MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
18492	MICRO - LEEKS	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02372	MICRO - LEMON BALM	3 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02935	MICRO - MERLOT MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02398	MICRO - MIREPOIX MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03784	MICRO - MIZUNA	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03155	MICRO - MUSTARD DIJON	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37438	MICRO - NASTURTIUM SHOOTS	4 OZ PK	LEXINGTON	KY	EVERAE GARDENS
02937	MICRO - PARSLEY	6 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40302	MICRO - PEA SHOOTS GOLD SNO	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37439	MICRO - PEA SHOOTS	4 OZ PK	LEXINGTON	KY	EVERAE GARDENS
35142	MICRO - PEA SHOOTS	4 OZ PK	INDIANAPOLIS	IN	ROKA FARMS
34206	MICRO - PEA TENDRIL	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS

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ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
37440	MICRO - PEA TENDRILS	8 OZ PK	LEXINGTON	KY	EVERAE GARDENS
34205	MICRO - PURPLE RADISH	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
35141	MICRO - PURPLE RADISH	4 OZ PK	INDIANAPOLIS	IN	ROKA FARMS
40305	MICRO - RAINBOW MIX	4 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
35130	MICRO - RAINBOW MIX	4 OZ PK	INDIANAPOLIS	IN	ROKA FARMS
34210	MICRO - RED BLEND	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37442	MICRO - RED CABBAGE	4 OZ PK	LEXINGTON	KY	EVERAE GARDENS
35218	MICRO - RED VEINED SORREL	1 OZ PK	COLUMBUS	OH	CAPITAL CITY GREENS
37443	MICRO - ROSE RADISH	4 OZ PK	LEXINGTON	KY	EVERAE GARDENS
10896	MICRO - SHISO GREEN	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02359	MICRO - SHISO MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03388	MICRO - SHISO RED	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02936	MICRO - SPICY MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37445	MICRO - SUNFLOWER SHOOTS	4 OZ PK	LEXINGTON	KY	EVERAE GARDENS
02384	MICRO - TANGERINE LACE	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02366	MICRO - WASABI	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
35859	MICRO BASIL LIVING BLEND	1"X2" CS	WILLIAMSBURG	OH	QUEEN CITY FARMS
35857	MICRO BASIL LIVING GENOVESE	1X2" CS	WILLIAMSBURG	OH	QUEEN CITY FARMS
35856	MICRO BASIL LIVING PURPLE OPAL	1X2" CS	WILLIAMSBURG	OH	QUEEN CITY FARMS
35858	MICRO BASIL LIVING THAI	1X2" CS	WILLIAMSBURG	OH	QUEEN CITY FARMS

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ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
33761	MICRO RAINBOW MIX LOCAL	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
33762	MICRO SHISO LOCAL	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
33765	MICRO SPICY MIX LOCAL	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
33764	MICROS - NASTURTIUM LEAVES	3 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
03169	PETITE ARUGULA	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
26598	PETITE BASIL ITALIAN	6 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02759	PETITE BASIL OPAL	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02858	PETITE CHERVIL	6 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
19372	PETITE CILANTRO	4 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03399	PETITE FINE HERBS MIX	7 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02934	PETITE HERBS DE PROVENCE	4 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40319	PETITE NASTURTIUM LEAVES	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03390	PETITE PEAS W/ TENDRILS	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03572	PETITE SHISO RED	4 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02401	PETITE TANGERINE LACE	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40312	POPCORN SHOOTS	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40202	SPROUTS - ALFALFA	4 OZ CLAM	COLUMBUS	OH	SUNSPROUT FARMS
21058	SPROUTS - ALFALFA	12/4 OZ	COLUMBUS	OH	SUNSPROUT FARMS

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40204	SPROUTS - BEAN	LB	COLUMBUS	OH	SUNSPROUT FARMS
21048	SPROUTS - BROCCOLI	12/3 OZ	COLUMBUS	OH	SUNSPROUT FARMS
10027	SPROUTS - CLOVER	5 LB CS	COLUMBUS	OH	SUNSPROUT FARMS
21080	SPROUTS - CLOVER	12/4 OZ	COLUMBUS	OH	SUNSPROUT FARMS
21077	SPROUTS - LIVING LEGUMES MIX	8/6 OZ	COLUMBUS	OH	SUNSPROUT FARMS
19066	SPROUTS - ONION	12/3 OZ	COLUMBUS	OH	SUNSPROUT FARMS
21035	SPROUTS - SPICY	12/4 OZ	COLUMBUS	OH	SUNSPROUT FARMS
09395	SUNFLOWER - SHOOTS	1 LB	WILLIAMSBURG	OH	QUEEN CITY FARMS
40306	WHEATGRASS	1.5"x21"	SMYRNA	TN	BLOOMSBURY FARM
37447	WHEATGRASS - LIVE TRAY	1"X2"	LEXINGTON	KY	👉 EVERAE GARDENS

IN CASE YOU MISSED IT!



For a year's worth of my crystal ball, make sure to check out our newly launched **Central Region Local Menu Planning Guides!**

From now through next March, you've got my best predictions to **build 12 full months of your menus** around.

whatchefswant.com/local-food-central



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