

LOCAL PRODUCE

SOUTHERN REGION | WEEK OF APR. 5, 2026

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HIGHLIGHTS FOR THE WEEK



JOHN'S CRYSTAL BALL

our local produce purchaser predicts what's next

Georgia strawberries are here from Fitzgerald Fruit farm!

Starting to see some **squashes and cucumbers recover in FL**, and come back from Mexico.

Vidalia Onions officially launch on April 13.

Blueberries are on deck within the next month.

We should start to see some **FL watermelon** in the next month, too.

As get ready for what's next, check out what's available now:

- **seasonal specialties** from smaller farms - p. 2
- **commodities** currently **filled from local sources** - pp. 3-4
- local **sprouts, microgreens, and edible flowers** - pp. 5-6



IN CASE YOU MISSED IT!

For a year's worth of my crystal ball, make sure to check out our newly launched **Southern Region Local Menu Planning Guides!**

From May through next April, you've got my best predictions to **build 12 full months of your menus** around.

whatchefswant.com/local-food-south



STRAWBERRIES ARE IN FROM GEORGIA

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
35407	STRAWBERRIES - GEORGIA LOCAL	8/1 LB CS	WOODBURY	GA	FITZGERALD FRUIT FARM
35842	STRAWBERRIES - GREEN	8/1LB CS	WOODBURY	GA	FITZGERALD FRUIT FARM



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SEASONAL SPECIALTIES FROM SMALL AND MEDIUM-SIZED FARMS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
35407	STRAWBERRIES	8/1 LB CS	WOODBURY	GA	FITZGERALD FRUIT FARM
20939	ONIONS - VIDALIA SPRING	24 CT CS	LYONS	GA	LG HERNDON JR FARMS
37157	LETTUCE - HYDRO CRUNCH	4LB	HILLIARD	FL	THF NATURAL RESOURCES
33458	LETTUCE - HYDRO FANCY VARIETY	24 CT CS	TRYON	NC	SUNNY CREEK FARMS
36329	LETTUCE - RED OAK LEAF HYDRO SCF	6 CT CLAMS	TRYON	NC	SUNNY CREEK FARMS
36465	MUSHROOMS - BLACK PEARL	3 LB CS	OTTO	NC	DREAM BIG FARMS
36466	MUSHROOMS - CHESTNUT	3 LB CS	OTTO	NC	DREAM BIG FARMS
36463	MUSHROOMS - CORAL TOOTH	3 LB CS	OTTO	NC	DREAM BIG FARMS
36469	MUSHROOMS - GOLDEN ENOKI	3 LB CS	OTTO	NC	DREAM BIG FARMS
36464	MUSHROOMS - LIONS MANE	3 LB CS	OTTO	NC	DREAM BIG FARMS
36462	MUSHROOMS - PINK OYSTER	3 LB CS	OTTO	NC	DREAM BIG FARMS
36467	MUSHROOMS - PIOPPINO	3 LB CS	OTTO	NC	DREAM BIG FARMS
36468	MUSHROOMS - REISHI	3 LB CS	OTTO	NC	DREAM BIG FARMS
35550	MUSHROOMS OYSTER GOLDEN	3 LB CS	OTTO	NC	DREAM BIG FARMS
35669	MUSHROOMS - SHIITAKE CAPS	5 LB CS	ELLIJAY	GA	ELLIJAY MUSHROOMS
35418	MUSHROOMS - SHIITAKE	3 LB CS	ELLIJAY	GA	ELLIJAY MUSHROOMS
35539	MUSHROOMS SHIITAKE 5 LB	5 LB CS	ELLIJAY	GA	ELLIJAY MUSHROOMS

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YEAR-ROUND ITEMS, AVAILABLE FROM LOCAL FARMS RIGHT NOW

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
35842	STRAWBERRIES - GREEN	8/1LB CS	WOODBURY	GA	FITZGERALD FRUIT FARM
20296	CABBAGE - GREEN BOXED	CS	LAKE PARK	GA	CORBETT BROTHERS
20206	CABBAGE - RED BOXED CARTON	CS	PLANT CITY	FL	MYRICK PRODUCE
20041	CORN - BICOLOR	BUSHEL	BELLE GLADE	FL	RAY'S HERITAGE
20047	CORN - YELLOW SWEET	BUSHEL	BELLE GLADE	FL	RAY'S HERITAGE
20049	CUCUMBERS - 24CT CARTON	CS	IMMOKALEE	FL	SOUTHERN VALLEY FRUIT AND VEG
29590	GREENS - COLLARD	6 CT	LYONS	GA	LG HERNDON JR FARMS
08224	GREENS - COLLARD	12 CT	LYONS	GA	LG HERNDON JR FARMS
18580	GREENS - COLLARD CHOPPED	8/1LB CASE	LYONS	GA	LG HERNDON JR FARMS
28954	GREENS - COLLARD CHOPPED	6/2 LB CS	LYONS	GA	LG HERNDON JR FARMS
08225	GREENS - COLLARD CHOPPED	2 LB	LYONS	GA	LG HERNDON JR FARMS
20308	GREENS - COLLARD GREENS	24 CT CS	LYONS	GA	LG HERNDON JR FARMS
31195	GREENS - COLLARD LOOSE	CS	LYONS	GA	LG HERNDON JR FARMS
28955	GREENS - COLLARD SHREDDED	6/2 LB CS	LYONS	GA	LG HERNDON JR FARMS
15927	GREENS - MUSTARD CHOPPED	8/1 LB CS	LYONS	GA	LG HERNDON JR FARMS
28983	GREENS - SOUTHERN	8/1 LB	LYONS	GA	LG HERNDON JR FARMS
34375	GREENS - TURNIP	CASE	LYONS	GA	LG HERNDON JR FARMS
16082	GREENS - TURNIP CHOPPED	8/1 LB	LYONS	GA	LG HERNDON JR FARMS
08302	KALE	6 CT	LYONS	GA	LG HERNDON JR FARMS
28981	KALE - CHOPPED	8/1 LB	LYONS	GA	LG HERNDON JR FARMS

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ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
20517	RADISH - RED	14/1LB	IMMOKALEE	FL	JGL PRODUCE
20518	RADISH - RED	1LB	IMMOKALEE	FL	JGL PRODUCE
20600	SQUASH - YELLOW FANCY	1/2 BUSHEL	IMMOKALEE	FL	JGL PRODUCE
20602	SQUASH - YELLOW MEDIUM	1/2 BUSHEL	IMMOKALEE	FL	JGL PRODUCE
20604	SQUASH - ZUCCHINI FANCY	1/2 BUSHEL	IMMOKALEE	FL	JGL PRODUCE
20606	SQUASH - ZUCCHINI MEDIUM	1/2 BUSHEL	IMMOKALEE	FL	JGL PRODUCE

NEW! LIMITED AVAILABILITY RAMPS from small farm partners in our Central Region



A very small percentage of the patch is harvested, so the patch can continue to grow. They are cleaned and are the full plant with bulbs and leaves. These "wild leeks" **won't be around for long**: the full season is about 3 weeks - until about mid-April.



CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
22362	RAMPS - SUSTAINABLY HARVESTED	2 LB	CRESTWOOD	KY	ROOTBOUND FARM

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SPROUTS, MICROGREENS, AND EDIBLE FLOWERS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
29650	ARTISAN CHEF MIX - MICRO	8 OZ	RIVERVIEW	FL	CAHABA CLUB
37626	EDIBLE FLOWERS	50 CT	TALLAHASSEE	FL	LEGACY GREENS
40303	EDIBLE VIOLAS	50 CT PK	NASHVILLE	TN	GREENER ROOTS FARM
40309	FLOWERS - MARIGOLD	50 CT PK	NASHVILLE	TN	GREENER ROOTS FARM
33757	HERB - BABY RED VEIN SORREL	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36577	MICRO - ARUGULA	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36578	MICRO - AVO TOAST BLEND	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
40311	MICRO - BULL'S BLOOD	8 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36592	MICRO - RADISH TRIO	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36593	MICRO - RAINBOW MIX	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
02936	MICRO - SPICY MIX	8 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36868	MICRO - SPICY MIX	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36409	MICRO ARUGULA	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36422	MICRO AVO TOAST BLEND	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36414	MICRO BASIL OPAL	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36410	MICRO BULLS BLOOD	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36411	MICRO BULLS BLOOD	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36412	MICRO CILANTRO	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36413	MICRO CILANTRO	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36415	MICRO LEEKS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36425	MICRO RADISH TRIO	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36426	MICRO RAINBOW MIX	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS

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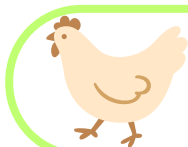
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SPROUTS, MICROGREENS, AND EDIBLE FLOWERS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
33761	MICRO RAINBOW MIX LOCAL	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
33762	MICRO SHISO LOCAL	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
33765	MICRO SPICY MIX LOCAL	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36416	MICRO SWEET PEA SHOOTS	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36417	MICRO SWEET PEA SHOOTS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
33764	MICROS - NASTURTIUM LEAVES	3 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
03390	PETITE PEAS W/ TENDRILS	8 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36428	RED VEINED SORREL	FULL TRAY	TALLAHASSEE	FL	LEGACY GREENS
36594	RED VEINED SORREL	HALF TRAY	TALLAHASSEE	FL	LEGACY GREENS
36595	TENDRIL PEA SHOOTS	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36418	TENDRIL PEA SHOOTS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36596	YELLOW PEA SHOOTS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS



NEW! REGENERATIVE, ORGANIC, FROZEN CHICKEN
from non-local partners

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
37911	CHICKEN - WHOLE (REGULAR)	8 CT	ELGIN	TX	GREENER PASTURES
37912	CHICKEN - AIRLINE 8-10 OZ BREAST	8/5 LB	ELGIN	TX	GREENER PASTURES
37913	CHICKEN - LEG QUARTERS	8/5 LB	ELGIN	TX	GREENER PASTURES

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