

LOCAL PRODUCE

CENTRAL REGION | WEEK OF APR. 5, 2026

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HIGHLIGHTS FOR THE WEEK



ANNA'S CRYSTAL BALL

what our local produce purchaser predicts

Let's go for color this spring! I'm thinking **Bunny's purple sweet potatoes (#25810)** and the bright pink flesh of **Family Farm Fresh's watermelon radishes (#26656)**.

I'm also pleased to report that I've been receiving photos of flowers blooming on our **Kentucky field-grown fresh strawberry crop**. We're thinking the last week of April, first week of May. They always taste amazing.

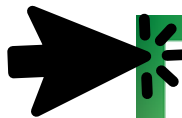
Indiana asparagus and rhubarb are coming up this month, too!

For more of **what's available right now**, check out:

- **seasonal specialties** from smaller farms - pp. 2-3
- local **sprouts, microgreens, + edible flowers** - pp. 4-8



IN CASE YOU MISSED IT!



For a **year's worth of my crystal ball**, make sure to check out our newly launched **Central Region Local Menu Planning Guides!**

From now through next March, you've got my best predictions to **build 12 full months of your menus** around.

whatchefswant.com/local-food-central



ANNA'S COLORFUL SPRING PICKS FOR THIS WEEK

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
37371	POTATO - SWEET PURPLE	20 LB CS	RAYWICK	KY	BUNNY'S PURPLE
26656	RADISHES - WATERMELON	10 LB CS	ROCKVILLE	IN	FAMILY FARM FRESH



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SEASONAL SPECIALTIES FROM SMALL + MEDIUM-SIZED FARMS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
21143	APPLES - EVERCRISP	80-100 CT	RITTMAN	OH	BAUMAN ORCHARDS
19088	APPLES - FUJI	72-88 CT	RITTMAN	OH	BAUMAN ORCHARDS
19105	APPLES - GOLDEN DELICIOUS	88-100 CT	RITTMAN	OH	BAUMAN ORCHARDS
20958	APPLES - GRANNY SMITH	80-100 CT	RITTMAN	OH	BAUMAN ORCHARDS
25593	APPLES - HONEYCRISP	64-88 CT	RITTMAN	OH	BAUMAN ORCHARDS
04131	APPLES - VARIETY	125/138 CT	RITTMAN	OH	BAUMAN ORCHARDS
19107	APPLES - PINK LADY	80-100 CT	BERLIN HEIGHTS	OH	QUARRY HILL ORCHARDS
34010	STRAWBERRIES - GREENHOUSE GROWN	10/12 OZ	SOMERSET	KY	BOSCH GROWERS
21543	CARROT - ORANGE	10 LB	TIFFIN	OH	RIEHM PRODUCE FARM
36230	CORN - OFF COB FROZEN	10/2.5 LB CS	HAWESVILLE	KY	OBENCHAIN FARMS
36231	CORN - ON THE COB 5" FROZEN	10/5 CT CS	HAWESVILLE	KY	OBENCHAIN FARMS
23357	KALE - GREEN CURLY	6 BUNCHES	SMYRNA	TN	BLOOMSBURY FARMS
22543	KALE - LACINATO	6 BUNCHES	SMYRNA	TN	BLOOMSBURY FARMS
19143	LETTUCE - BIBB HEAD	3 LB AVG	PLEASANT HILL	OH	HYDROGROWERS PRODUCE
36018	MUSHROOMS - "BLUE" OYSTER	3 LBS	BEECHGROVE	TN	HEDGEHOG
36020	MUSHROOMS - KING TRUMPET	3 LB	BEECHGROVE	TN	HEDGEHOG
24029	MUSHROOMS - LIONS MANE	3 LB	BEECHGROVE	TN	HEDGEHOG
36024	MUSHROOMS - MAITAKE	3 LB	BEECHGROVE	TN	HEDGEHOG
36026	MUSHROOMS - SAMPLER	3 LB	BEECHGROVE	TN	HEDGEHOG
19215	MUSHROOMS - SHIITAKE	3 LB	BEECHGROVE	TN	HEDGEHOG

KY PRODUCE VENDORS HERE PARTICIPATE IN THE KY PROUD PROGRAM.

MOST PRODUCTS SHOULD BE GOLD (FULL DIRECT FARM IMPACT).

CHECK WITH THE [KY PROUD PROGRAM](#) TO CONFIRM PRODUCT STATUS + LEARN MORE ABOUT THE KY BUY LOCAL REBATE.

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ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
19227	ONIONS - YELLOW	10 LB	TIFFIN	OH	RIEHM PRODUCE FARM
19233	POTATO - FINGERLING MIX	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM
22234	POTATO - FINGERLING REDSKIN	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM
19189	POTATO - FINGERLING RUSSIAN BANANA	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM
22233	POTATO - FINGERLING PINTO GOLD	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM
25810	POTATO - SWEET	10 LB	RHODELIA	KY	BARR FARMS
37371	POTATO - SWEET PURPLE	20 LB CS	RAYWICK	KY	BUNNY'S PURPLE
26656	RADISHES - WATERMELON	10 LB CS	ROCKVILLE	IN	FAMILY FARM FRESH
22362	RAMPS - SUSTAINABLY HARVESTED	2 LB	CRESTWOOD	KY	ROOTBOUND FARM
36623	SALAD KIT - FEELIN' GOUDA SINGLE SERVE	6/5.4 OZ	NEWPORT	KY	* 80 ACRES URBAN FARM
36624	SALAD KIT - HAIL CAESAR SINGLE SERVE	6/5.2 OZ	NEWPORT	KY	* 80 ACRES URBAN FARM
22254	SPINACH - FLAT LEAF	5 LB	ROCKVILLE	IN	FAMILY FARM FRESH

*KY lettuce, kit assembled in OH

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SPROUTS, MICROGREENS, AND EDIBLE FLOWERS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
40303	EDIBLE VIOLAS	50 CT PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02394	MICRO - AMARANTH RED	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02363	MICRO - ARUGULA	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37432	MICRO - ARUGULA	4 OZ PACK	LEXINGTON	KY	EVERAE GARDENS
34208	MICRO - ARUGULA	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02365	MICRO - BASIL ITALIAN	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37433	MICRO - BASIL	4 OZ PACK	LEXINGTON	KY	EVERAE GARDENS
35859	MICRO - BASIL LIVING BLEND	10"X20" CS	WILLIAMSBURG	OH	QUEEN CITY FARMS
35857	MICRO - BASIL LIVING GENOVESE	10X20" CS	WILLIAMSBURG	OH	QUEEN CITY FARMS
35856	MICRO - BASIL LIVING PURPLE OPAL	10X20" CS	WILLIAMSBURG	OH	QUEEN CITY FARMS
35858	MICRO - BASIL LIVING THAI	10X20" CS	WILLIAMSBURG	OH	QUEEN CITY FARMS
40411	MICRO - BASIL MIX	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03575	MICRO - BASIL OPAL	6 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
34204	MICRO - BASIL	6 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
04088	MICRO - BASIL THAI	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37434	MICRO - BROCCOLI	4 OZ PACK	LEXINGTON	KY	EVERAE GARDENS
02699	MICRO - CELERY	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02383	MICRO - CHERVIL	6 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40315	MICRO - CILANTRO	4 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37435	MICRO - CILANTRO	4 OZ PACK	LEXINGTON	KY	EVERAE GARDENS

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33759	MICRO - CILANTRO	4 OZ PACK	NASHVILLE	TN	GREENER ROOTS FARM
35131	MICRO - CILANTRO PETITE	4 OZ PACK	INDIANAPOLIS	IN	ROKA FARMS
34203	MICRO - CILANTRO	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02815	MICRO - CITRUS MIX	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37436	MICRO - CLOVER	4 OZ PACK	LEXINGTON	KY	EVERAE GARDENS
34209	MICRO - DIJON MUSTARD	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
10809	MICRO - DILL	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02341	MICRO - FENNEL	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02729	MICRO - FIESTA (CHEF) BLEND	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37437	MICRO - GARDEN BLEND	4 OZ PACK	LEXINGTON	KY	EVERAE GARDENS
34211	MICRO - GARDEN MIX	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40302	MICRO - GOLD SNO PEA SHOOTS	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
24072	MICRO - HERB MIX	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
18492	MICRO - LEEKS	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02372	MICRO - LEMON BALM	3 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02935	MICRO - MERLOT MIX	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02398	MICRO - MIREPOIX MIX	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03784	MICRO - MIZUNA	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03155	MICRO - MUSTARD DIJON	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37438	MICRO - NASTURTIUM SHOOTS	4 OZ PACK	LEXINGTON	KY	EVERAE GARDENS

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02937	MICRO - PARSLEY	6 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37439	MICRO - PEA SHOOTS	4 OZ PACK	LEXINGTON	KY	EVERAE GARDENS
35142	MICRO - PEA SHOOTS	4 OZ PACK	INDIANAPOLIS	IN	ROKA FARMS
34206	MICRO - PEA TENDRIL	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37440	MICRO - PEA TENDRILS	8 OZ PACK	LEXINGTON	KY	EVERAE GARDENS
34205	MICRO - PURPLE RADISH	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
35141	MICRO - PURPLE RADISH	4 OZ PACK	INDIANAPOLIS	IN	ROKA FARMS
40305	MICRO - RAINBOW MIX	4 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
33761	MICRO - RAINBOW MIX	4 OZ PACK	NASHVILLE	TN	GREENER ROOTS FARM
35130	MICRO - RAINBOW MIX	4 OZ PACK	INDIANAPOLIS	IN	ROKA FARMS
34210	MICRO - RED BLEND	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
37442	MICRO - RED CABBAGE	4 OZ PACK	LEXINGTON	KY	EVERAE GARDENS
35218	MICRO - RED VEINED SORREL	1 OZ PACK	COLUMBUS	OH	CAPITAL CITY GREENS
37443	MICRO - ROSE RADISH	4 OZ PACK	LEXINGTON	KY	EVERAE GARDENS
10896	MICRO - SHISO GREEN	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
33762	MICRO - SHISO	4 OZ PACK	NASHVILLE	TN	GREENER ROOTS FARM
02359	MICRO - SHISO MIX	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03388	MICRO - SHISO RED	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02936	MICRO - SPICY MIX	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS

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ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
33765	MICRO - SPICY MIX	4 OZ PACK	NASHVILLE	TN	GREENER ROOTS FARM
37445	MICRO - SUNFLOWER SHOOTS	4 OZ PACK	LEXINGTON	KY	EVERAE GARDENS
02384	MICRO - TANGERINE LACE	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02366	MICRO - WASABI	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
33764	MICROS - NASTURTIUM LEAVES	3 OZ PACK	NASHVILLE	TN	GREENER ROOTS FARM
03169	PETITE ARUGULA	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
26598	PETITE BASIL ITALIAN	6 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02759	PETITE BASIL OPAL	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02858	PETITE CHERVIL	6 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
19372	PETITE CILANTRO	4 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03399	PETITE FINE HERBS MIX	7 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02934	PETITE HERBS DE PROVENCE	4 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40319	PETITE NASTURTIUM LEAVES	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03390	PETITE PEAS W/ TENDRILS	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03572	PETITE SHISO RED	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02401	PETITE TANGERINE LACE	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40312	POPCORN SHOOTS	8 OZ PACK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40202	SPROUTS - ALFALFA	12 CLAM CS	COLUMBUS	OH	SUNSPROUT FARMS
40203	SPROUTS - ALFALFA	4 OZ CLAM	COLUMBUS	OH	SUNSPROUT FARMS

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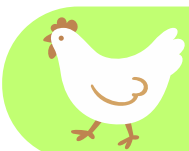
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21058	SPROUTS - ALFALFA	12/4 OZ	COLUMBUS	OH	SUNSPROUT FARMS
40204	SPROUTS - BEAN	LB	COLUMBUS	OH	SUNSPROUT FARMS
40208	SPROUTS - BEAN	10 LB CS	COLUMBUS	OH	SUNSPROUT FARMS
21048	SPROUTS - BROCCOLI	12/3 OZ	COLUMBUS	OH	SUNSPROUT FARMS
10027	SPROUTS - CLOVER	5 LB CS	COLUMBUS	OH	SUNSPROUT FARMS
21080	SPROUTS - CLOVER	12/4 OZ	COLUMBUS	OH	SUNSPROUT FARMS
21077	SPROUTS - LIVING LEGUMES MIX	8/6 OZ	COLUMBUS	OH	SUNSPROUT FARMS
19066	SPROUTS - ONION	12/3 OZ	COLUMBUS	OH	SUNSPROUT FARMS
21035	SPROUTS - SPICY	12/4 OZ	COLUMBUS	OH	SUNSPROUT FARMS
09395	SUNFLOWER - SHOOTS	1 LB	WILLIAMSBURG	OH	QUEEN CITY FARMS
40306	WHEATGRASS	10.5"x21"	SMYRNA	TN	BLOOMSBURY FARM
37447	WHEATGRASS - LIVE TRAY	10"x20"	LEXINGTON	KY	EVERAE GARDENS



NEW! REGENERATIVE, ORGANIC, FROZEN CHICKEN from non-local partners

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
37911	CHICKEN - WHOLE (REGULAR)	8 CT	ELGIN	TX	GREENER PASTURES
37912	CHICKEN - AIRLINE 8-10 OZ BREAST	8/5 LB	ELGIN	TX	GREENER PASTURES
37913	CHICKEN - LEG QUARTERS	8/5 LB	ELGIN	TX	GREENER PASTURES

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