

LOCAL PRODUCE

SOUTHERN REGION | WEEK OF MAR. 1, 2026

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HIGHLIGHTS FOR THE WEEK



JOHN'S CRYSTAL BALL

our local produce purchaser predicts what's next

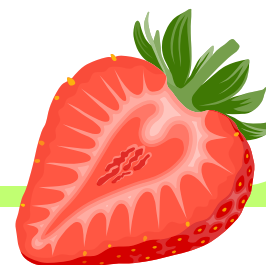
The energy is high coming back from meetings with local farms and partners like **Fresh from Florida** at the **Southeast Produce Council** Southern Exposure conference last week!

We should start getting into **spring vegetables** here in the next three weeks.

Some other good news: **strawberries in FL** are rebounding from the freeze.

Find a few local faves below, and check these out, too:

- **more seasonal specialties** from smaller farms - p. 2
- **commodities** currently **filled from local sources** - pp. 3-5
- local **sprouts, microgreens, and edible flowers** - pp. 6-7



LOCAL FAVORITES TO GRAB NOW!

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
35407	STRAWBERRIES	8/1 LB CS	PLANT CITY	FL	CAL GIANT
56965	TANGERINES - 150 CT - <i>last chance!</i>	40 LB	FELLSMERE	FL	EGAN FRUIT
20939	ONIONS - VIDALIA SPRING	24 CT CS	LYONS	GA	LG HERNDON JR FARMS
37157	LETTUCE - HYDRO CRUNCH LOCAL	4LB	HILLIARD	FL	THF NATURAL RESOURCES
33458	LETTUCE - HYDRO FANCY VARIETY	24 CT CS	TRYON	NC	SUNNY CREEK FARMS
36329	LETTUCE - RED OAK LEAF HYDRO SCF	6 CT CLAMS	TRYON	NC	SUNNY CREEK FARMS

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SEASONAL SPECIALTIES FROM SMALL AND MEDIUM-SIZED FARMS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
37332	LETTUCE - WHOLE HEAD SIGNATURE BLEND	5 LB CS	METTER	GA	BETTER FRESH FARMS *Savannah market only!
37333	LETTUCE - WHOLE HEAD SPRING MIX	5 LB CS	METTER	GA	BETTER FRESH FARMS *Savannah market only!
37334	LETTUCE - WHOLE HEAD ROMAINE	5 LB CS	METTER	GA	BETTER FRESH FARMS *Savannah market only!
37335	LETTUCE - YOUNG KALE BLEND	5 LB CS	METTER	GA	BETTER FRESH FARMS *Savannah market only!
37336	LETTUCE - BABY COLLARD GREENS	5 LB CS	METTER	GA	BETTER FRESH FARMS *Savannah market only!
36465	MUSHROOMS - BLACK PEARL	3 LB CS	OTTO	NC	DREAM BIG FARMS
36466	MUSHROOMS - CHESTNUT	3 LB CS	OTTO	NC	DREAM BIG FARMS
36463	MUSHROOMS - CORAL TOOTH	3 LB CS	OTTO	NC	DREAM BIG FARMS
36469	MUSHROOMS - GOLDEN ENOKI	3 LB CS	OTTO	NC	DREAM BIG FARMS
36464	MUSHROOMS - LIONS MANE	3 LB CS	OTTO	NC	DREAM BIG FARMS
36462	MUSHROOMS - PINK OYSTER	3 LB CS	OTTO	NC	DREAM BIG FARMS
36467	MUSHROOMS - PIOPPINO	3 LB CS	OTTO	NC	DREAM BIG FARMS
36468	MUSHROOMS - REISHI	3 LB CS	OTTO	NC	DREAM BIG FARMS
37449	MUSHROOMS - MAITAKE	3 LB CS	NASHVILLE	TN	HEDGEHOG
35550	MUSHROOMS OYSTER GOLDEN	3 LB CS	OTTO	NC	DREAM BIG FARMS
35669	MUSHROOMS - SHIITAKE CAPS	5 LB CS	ELLIJAY	GA	ELLIJAY MUSHROOMS
35418	MUSHROOMS - SHIITAKE	3 LB CS	ELLIJAY	GA	ELLIJAY MUSHROOMS
35539	MUSHROOMS SHIITAKE 5 LB	5 LB CS	ELLIJAY	GA	ELLIJAY MUSHROOMS

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YEAR-ROUND ITEMS, AVAILABLE FROM LOCAL FARMS RIGHT NOW

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
29590	GREENS - COLLARD	6 CT	LAKE WALES	FL	LG HERNDON JR FARMS
08224	GREENS - COLLARD	12 CT	LAKE WALES	FL	LG HERNDON JR FARMS
20308	GREENS - COLLARD GREENS	24 CT CS	LAKE WALES	FL	LG HERNDON JR FARMS
31195	GREENS - COLLARD LOOSE	CS	LAKE WALES	FL	LG HERNDON JR FARMS
28983	GREENS - SOUTHERN	8/1 LB	LAKE WALES	FL	LG HERNDON JR FARMS
34375	GREENS - TURNIP	CS	LAKE WALES	FL	LG HERNDON JR FARMS
08302	KALE	6 CT	LAKE WALES	FL	LG HERNDON JR FARMS
19336	CABBAGE - DICED 1/4"	4/5 LB CS	OKEECHOBEE + IMMOKALEE	FL	CABBAGE INC + SOUTHERN VALLEY FARM
20201	CABBAGE - GREEN	1 LB	OKEECHOBEE + IMMOKALEE	FL	CABBAGE INC + SOUTHERN VALLEY FARM
56744	CABBAGE - GREEN 5LB	5 LB	OKEECHOBEE + IMMOKALEE	FL	CABBAGE INC + SOUTHERN VALLEY FARM
20296	CABBAGE - GREEN BOXED	CS	OKEECHOBEE + IMMOKALEE	FL	CABBAGE INC + SOUTHERN VALLEY FARM
03600	CABBAGE - GREEN	EA	OKEECHOBEE + IMMOKALEE	FL	CABBAGE INC + SOUTHERN VALLEY FARM
20206	CABBAGE - RED BOXED CARTON	CS	OKEECHOBEE	FL	CABBAGE INC
04606	CABBAGE - RED	EA	OKEECHOBEE	FL	CABBAGE INC
20041	CORN - BICOLOR	48 CT CS	BELLE GLADE	FL	RAY'S HERITAGE
04283	CORN - YELLOW	6 CT	BELLE GLADE	FL	RAY'S HERITAGE
29768	CORN - YELLOW FANCY BUSHEL	LB	BELLE GLADE	FL	RAY'S HERITAGE
20047	CORN - YELLOW SWEET	BUSHEL	BELLE GLADE	FL	RAY'S HERITAGE

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ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
20517	RADISH - RED	14/1LB	IMMOKALEE	FL	JGL PRODUCE
20518	RADISH - RED	1LB	IMMOKALEE	FL	JGL PRODUCE
20600	SQUASH - YELLOW FANCY	1/2 BUSHEL	IMMOKALEE	FL	SOUTHERN VALLEY FARM
29459	SQUASH - YELLOW MEDIUM	5 LB	IMMOKALEE	FL	SOUTHERN VALLEY FARM
20602	SQUASH - YELLOW MEDIUM	1/2 BUSHEL	IMMOKALEE	FL	SOUTHERN VALLEY FARM
20605	SQUASH - ZUCCHINI	5 LB	IMMOKALEE	FL	SOUTHERN VALLEY FARM
20604	SQUASH - ZUCCHINI FANCY	1/2 BUSHEL	IMMOKALEE	FL	SOUTHERN VALLEY FARM
04759	SQUASH - ZUCCHINI MEDIUM	LB	IMMOKALEE	FL	SOUTHERN VALLEY FARM
20606	SQUASH - ZUCCHINI MEDIUM	1/2 BUSHEL	IMMOKALEE	FL	SOUTHERN VALLEY FARM
08225	GREENS - COLLARD CHOPPED	2 LB	LAKE WALES	FL	LG HERNDON JR FARMS
18580	GREENS - COLLARD CHOPPED	8/1LB CASE	LAKE WALES	FL	LG HERNDON JR FARMS
28954	GREENS - COLLARD CHOPPED	6/2 LB CS	LAKE WALES	FL	LG HERNDON JR FARMS
28955	GREENS - COLLARD SHREDDED	6/2 LB CS	LAKE WALES	FL	LG HERNDON JR FARMS
16082	GREENS - TURNIP CHOPPED	8/1 LB	LAKE WALES	FL	LG HERNDON JR FARMS
28981	KALE - CHOPPED	8/1 LB	LAKE WALES	FL	LG HERNDON JR FARMS

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34553	CORN - COBBETTE YELLOW	96 CT	BELLE GLADE	FL	RAY'S HERITAGE
34371	CORN - YELLOW QUARTERED	4/5 LB CS	BELLE GLADE	FL	RAY'S HERITAGE
15927	GREENS - MUSTARD CHOPPED	8/1 LB CS	LAKE WALES	FL	LG HERNDON JR FARMS
32505	CORN - KERNELS	2/5 LB CS	BELLE GLADE	FL	RAY'S HERITAGE
28909	PEPPERS - GREEN DICE 1/2"	5 LB CS	IMMOKALEE	FL	WCW PREP KITCHEN USING FL PRODUCE
29480	PEPPERS - GREEN DICE 1/4"	5 LB	IMMOKALEE	FL	WCW PREP KITCHEN USING FL PRODUCE
20821	PEPPERS - GREEN STRIP 1/4"	5 LB	IMMOKALEE	FL	WCW PREP KITCHEN USING FL PRODUCE
17410	ZUCCHINI - JULIENNED 3/8"	2/5 LB CS	IMMOKALEE	FL	WCW PREP KITCHEN USING FL PRODUCE

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SPROUTS, MICROGREENS, AND EDIBLE FLOWERS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
29650	ARTISAN CHEF MIX - MICRO	8 OZ	RIVERVIEW	FL	CAHABA CLUB
37626	EDIBLE FLOWERS	50 CT	TALLAHASSEE	FL	LEGACY GREENS
40303	EDIBLE VIOLAS	50 CT PK	NASHVILLE	TN	GREENER ROOTS FARM
40309	FLOWERS - MARIGOLD	50 CT PK	NASHVILLE	TN	GREENER ROOTS FARM
33757	HERB - BABY RED VEIN SORREL	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36577	MICRO - ARUGULA	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36578	MICRO - AVO TOAST BLEND	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
40311	MICRO - BULL'S BLOOD	8 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36592	MICRO - RADISH TRIO	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36593	MICRO - RAINBOW MIX	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
02936	MICRO - SPICY MIX	8 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36868	MICRO - SPICY MIX	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36409	MICRO ARUGULA	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36422	MICRO AVO TOAST BLEND	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36414	MICRO BASIL OPAL	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36410	MICRO BULLS BLOOD	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36411	MICRO BULLS BLOOD	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36412	MICRO CILANTRO	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36413	MICRO CILANTRO	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36415	MICRO LEEKS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36425	MICRO RADISH TRIO	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36426	MICRO RAINBOW MIX	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS

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33761	MICRO RAINBOW MIX LOCAL	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
33762	MICRO SHISO LOCAL	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
33765	MICRO SPICY MIX LOCAL	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36416	MICRO SWEET PEA SHOOTS	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36417	MICRO SWEET PEA SHOOTS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
33764	MICROS - NASTURTIUM LEAVES	3 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
03390	PETITE PEAS W/ TENDRILS	8 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
36428	RED VEINED SORREL	FULL TRAY	TALLAHASSEE	FL	LEGACY GREENS
36594	RED VEINED SORREL	HALF TRAY	TALLAHASSEE	FL	LEGACY GREENS
36595	TENDRIL PEA SHOOTS	4 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36418	TENDRIL PEA SHOOTS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS
36596	YELLOW PEA SHOOTS	8 OZ PK	TALLAHASSEE	FL	LEGACY GREENS

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