

LOCAL PRODUCE

CENTRAL REGION | WEEK OF MAR. 1, 2026

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HIGHLIGHTS FOR THE WEEK



ANNA'S CRYSTAL BALL

what our local produce purchaser predicts

This week's list is fairly similar to last week, with a few items coming off as our winter store of root vegetables diminishes over bit by bit.

In the meantime, we're working hard with our local vendors to make sure our **local produce catalog will be full for you throughout the upcoming growing season!**

🌱 Our first new spring crop each year will be **ramps**, from **Rootbound Farms in Kentucky**. Expect these by beginning of April or a bit before, for about four weeks.

🍓 Next up will be **strawberries**, by mid-April/early May. We have a number of farms that grow them but are partial to the early crop from **Cornett Farm Fresh in Kentucky**.

🌿 Starting in April, **Bloomsbury Farms in Tennessee** will start to have **greens, small radishes, and baby turnips** for us - exciting!

🗺️ You'll note that we're talking about crops starting in the southern area of our region, and this is true. **We'll move up north from Tennessee and Kentucky into Ohio, Indiana, Missouri and Illinois as the season continues.**

If you're a cold-lover, find some fun freezer picks below and check out:

- **more seasonal specialties** from smaller farms - pp. 2-3
- local **sprouts, microgreens, + edible flowers** - pp. 4-7

ANNA'S HIGHLIGHTED PICKS FROM LOCAL FARMS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
21361	RASPBERRIES - FROZEN	4/5.5 LB	PARIS	KY	STEPPING STONE FARM
36230	CORN - OFF COB FROZEN	10/2.5 LB CS	HAWESVILLE	KY	OBENCHAIN FARMS
36231	CORN - ON THE COB 5" FROZEN	10/5CT CS	HAWESVILLE	KY	OBENCHAIN FARMS

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SEASONAL SPECIALTIES FROM SMALL + MEDIUM-SIZED FARMS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
19105	APPLE - GOLDEN DELICIOUS	88-100 CT	RITTMAN	OH	BAUMAN ORCHARDS
19107	APPLE - PINK LADY	80-100 CT	BERLIN HEIGHTS	OH	QUARRY HILL ORCHARDS
19088	APPLE - FUJI	72-88 CT	RITTMAN	OH	BAUMAN ORCHARDS
25593	APPLE - HONEYCRISP	64-88 CT	RITTMAN	OH	BAUMAN ORCHARDS
26552	APPLES - GALA	80-88 CT	RITTMAN	OH	BAUMAN ORCHARDS
20958	APPLES - GRANNY SMITH	80-100 CT	RITTMAN	OH	BAUMAN ORCHARDS
21143	APPLES - EVERCRISP IN/KY/OH	80-100 CT	RITTMAN	OH	BAUMAN ORCHARDS
04131	APPLE - VARIETY	125/138 CT	COVINGTON + RITTMAN + BERLIN HEIGHTS	OH	COFFING BROTHERS + BAUMAN ORCHARDS + QUARRY HILL ORCHARDS
34010	STRAWBERRIES - GREENHOUSE GROWN	10/12 OZ	SOMERSET	KY	BOSCH GROWERS 🌱
22233	POTATO - FINGERLING PINTO GOLD	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM
21586	POTATO - RED	10 LB CS	ST. LEON + TIFFIN	IN + OH	LOBENSTEIN FARM + RIEHM PRODUCE FARM
26313	POTATO - YUKON	5 LB	RHODELIA	KY	BARR FARMS 🌱
19223	POTATO - FINGERLING MIX	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM
22234	POTATO - FINGERLING RED THUMB (PINK FLESH)	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM
19189	POTATO - FINGERLING RUSSIAN BANANA	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM
22204	POTATO - PURPLESKIN/YELLOW ("PETER WILCOX")	5 LB	TIFFIN	OH	RIEHM PRODUCE FARM

KY PRODUCE VENDORS HERE PARTICIPATE IN THE KY PROUD PROGRAM.

MOST PRODUCTS SHOULD BE 🌱 GOLD (FULL DIRECT FARM IMPACT).

CHECK WITH THE [KY PROUD PROGRAM](#) TO CONFIRM PRODUCT STATUS + LEARN MORE ABOUT THE KY BUY LOCAL REBATE.

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MORE SEASONAL SPECIALTIES FROM SMALL + MEDIUM-SIZED FARMS

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25810	POTATO - SWEET PURPLE	20 LBS	RAYWICK	KY	BUNNY'S SWEET POTATOES 
25810	POTATO - SWEET	10 LB	RHODELIA	KY	BARR FARMS 
22854	CARROT - MIXED COLOR	10 LB	TIFFIN	OH	RIEHM PRODUCE FARM
21543	CARROT - ORANGE	10 LB	TIFFIN	OH	RIEHM PRODUCE FARM
21249	BEETS - CANDY STRIPE	10 LB	TIFFIN	OH	RIEHM PRODUCE FARM
19227	ONIONS - YELLOW	10 LB	TIFFIN	OH	RIEHM PRODUCE FARM
22395	SQUASH - BUTTERNUT	1/2 BUSHEL	RHODELIA	KY	BARR FARMS 
36018	MUSHROOMS - "BLUE" OYSTER	3 LBS	BEECHGROVE	TN	HEDGEHOG
36020	MUSHROOMS - KING TRUMPET	3 LB	BEECHGROVE	TN	HEDGEHOG
36024	MUSHROOMS - MAITAKE	3 LB	BEECHGROVE	TN	HEDGEHOG
36026	MUSHROOMS - SAMPLER	3 LB	BEECHGROVE	TN	HEDGEHOG
19215	MUSHROOMS - SHIITAKE	3 LB	BEECHGROVE	TN	HEDGEHOG
24029	MUSHROOMS - LIONS MANE	3 LB	BEECHGROVE	TN	HEDGEHOG
36623	SALAD KIT - FEELIN' GOUDA SINGLE SERVE	6/5.4 OZ	NEWPORT/HAMILTON	KY/OH	80 ACRES URBAN FARM  *
36624	SALAD KIT - HAIL CAESAR SINGLE SERVE	6/5.2 OZ	NEWPORT/HAMILTON	KY/OH	80 ACRES URBAN FARM  *

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*KY lettuce, kit assembled in OH

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SPROUTS, MICROGREENS, AND EDIBLE FLOWERS

ITEM CODE	PRODUCT	PACK SIZE	TOWN	STATE	PRODUCER
40202	SPROUTS - ALFALFA	12 CLAM CS	COLUMBUS	OH	SUNSPROUT FARMS
40203	SPROUTS - ALFALFA	4 OZ CLAM	COLUMBUS	OH	SUNSPROUT FARMS
21058	SPROUTS - ALFALFA	12/4 OZ	COLUMBUS	OH	SUNSPROUT FARMS
40204	SPROUTS - BEAN	LB	COLUMBUS	OH	SUNSPROUT FARMS
40208	SPROUTS - BEAN	10 LB CS	COLUMBUS	OH	SUNSPROUT FARMS
21048	SPROUTS - BROCCOLI	12/3 OZ	COLUMBUS	OH	SUNSPROUT FARMS
10027	SPROUTS - CLOVER	5 LB CS	COLUMBUS	OH	SUNSPROUT FARMS
21080	SPROUTS - CLOVER	12/4 OZ	COLUMBUS	OH	SUNSPROUT FARMS
21077	SPROUTS - LIVING LEGUMES MIX	8/6 OZ	COLUMBUS	OH	SUNSPROUT FARMS
19066	SPROUTS - ONION	12/3 OZ	COLUMBUS	OH	SUNSPROUT FARMS
21035	SPROUTS - SPICY	12/4 OZ	COLUMBUS	OH	SUNSPROUT FARMS
36235	FLOWERS - MARIGOLD	50CT PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
34208	MICRO - ARUGULA	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
34204	MICRO - BASIL	6 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
33759	MICRO - CILANTRO	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
35131	MICRO - CILANTRO PETITE	4 OZ PK	INDIANAPOLIS	IN	ROKA FARMS
34203	MICRO - CILANTRO	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
34209	MICRO - DIJON MUSTARD	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
34211	MICRO - GARDEN MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
35142	MICRO - PEA SHOOTS	4 OZ PK	INDIANAPOLIS	IN	ROKA FARMS
34206	MICRO - PEA TENDRIL	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
34205	MICRO - PURPLE RADISH	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS

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35141	MICRO - PURPLE RADISH	4 OZ PK	INDIANAPOLIS	IN	ROKA FARMS
35130	MICRO - RAINBOW MIX	4 OZ PK	INDIANAPOLIS	IN	ROKA FARMS
34210	MICRO - RED BLEND	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
35218	MICRO - RED VEINED SORREL	1 OZ PK	COLUMBUS	OH	CAPITAL CITY GREENS
02394	MICRO AMARANTH RED	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02363	MICRO ARUGULA	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02365	MICRO BASIL ITALIAN	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
35859	MICRO BASIL LIVING BLEND	10"X20" CS	WILLIAMSBURG	OH	QUEEN CITY FARMS
35857	MICRO BASIL LIVING GENOVESE	10"X20" CS	WILLIAMSBURG	OH	QUEEN CITY FARMS
35856	MICRO BASIL LIVING PURPLE OPAL	10"X20" CS	WILLIAMSBURG	OH	QUEEN CITY FARMS
35858	MICRO BASIL LIVING THAI	10"X20" CS	WILLIAMSBURG	OH	QUEEN CITY FARMS
40411	MICRO BASIL MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03575	MICRO BASIL OPAL	6 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
04088	MICRO BASIL THAI	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02699	MICRO CELERY	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02383	MICRO CHERVIL	6 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40315	MICRO CILANTRO	4 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02815	MICRO CITRUS MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
10809	MICRO DILL	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02341	MICRO FENNEL	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02729	MICRO FIESTA (CHEF) BLEND	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40302	MICRO GOLD SNO PEA SHOOTS	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS

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24072	MICRO HERB MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
18492	MICRO LEEKS	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02372	MICRO LEMON BALM	3 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02935	MICRO MERLOT MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02398	MICRO MIREPOIX MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03784	MICRO MIZUNA	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03155	MICRO MUSTARD DIJON	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02937	MICRO PARSLEY	6 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40305	MICRO RAINBOW MIX	4 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
33761	MICRO RAINBOW MIX	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
10896	MICRO SHISO GREEN	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
33762	MICRO SHISO	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
02359	MICRO SHISO MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03388	MICRO SHISO RED	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02936	MICRO SPICY MIX	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
33765	MICRO SPICY MIX	4 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
02384	MICRO TANGERINE LACE	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02366	MICRO WASABI	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
33764	MICROS - NASTURTIUM LEAVES	3 OZ PK	NASHVILLE	TN	GREENER ROOTS FARM
03169	PETITE ARUGULA	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS

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26598	PETITE BASIL ITALIAN	6 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02759	PETITE BASIL OPAL	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02858	PETITE CHERVIL	6 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
19372	PETITE CILANTRO	4 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03399	PETITE FINE HERBS MIX	7 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02934	PETITE HERBS DE PROVENCE	4 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40319	PETITE NASTURTIUM LEAVES	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03390	PETITE PEAS W/ TENDRILS	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
03572	PETITE SHISO RED	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
02401	PETITE TANGERINE LACE	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
40312	POPCORN SHOOTS	8 OZ PK	WILLIAMSBURG	OH	QUEEN CITY FARMS
09395	SUNFLOWER - SHOOTS	1 LB	WILLIAMSBURG	OH	QUEEN CITY FARMS
40306	WHEATGRASS	10.5" x 21"	SMYRNA	TN	BLOOMSBURY FARM

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