

WARNINGS: ICEBERG, CAULIFLOWER, BROCCOLI



APPLES: STEADY

Apples coming from both coasts this time of year. Great quality and prices.



ASPARAGUS: DOWN SLIGHTLY

The asparagus market is down slightly this week as supplies improve. The larger sizes remain less available with higher prices.



AVOCADOS: DOWN SLIGHTLY

The avocado market is down slightly this week. Steady supply of imports coming in from Mexico.



BANANAS: STEADY

Bananas continue to be steady.



BERRIES: EXTREME

The supply issues with blueberries persist. Blackberries are extremely limited. Raspberry supplies and prices are looking good.



BROCC :UP \$5 CAUL: UP\$10

Broccoli and cauliflower are in the midst of a growing region transition. Supplies are tight and prices are elevated.



BRUSSELS: STEADY

Finally seeing some relief in this market as supplies continue to improve. Prices are steady.



CELERY: UP \$4

Supplies are tight. Demand exceeds supplies driving this market up.



CORN: DOWN SLIGHTLY

The corn market is down slightly this week, but remains elevated. Little-to-no yellow available and bi-color remains elevated.



CITRUS: TRENDING DOWN

Lemons are steady, limes are down slightly. Smaller oranges remain elevated. Citrus production has started in FL, giving some relief to this market.



LETTUCES: ICEBERG UP \$6-8

The iceberg market has pushed up. The new crop is going straight to seeders leading to tight supplies and elevated prices. Romaine is following suit.



PEPPERS: REMAIN ELEVATED

Red bells are up this week due to limited supplies. The green bell pepper market remains elevated, but steady where it has been.



CUCUMBERS: DOWN \$2

Cucumber production has caught up with the demand. They are plentiful and priced fairly.



MELONS: DOWN \$3

The melon market is down this week. Domestic crops will be wrapping up soon and we will transition to all imported fruit.



ONIONS: STEADY

Green onions are up a little from where they have been - back to a market average. The white and yellow onion markets are steady.



TOMATOES: STEADY

Tomatoes are in transition right now and supplies are tight. The market is steady where it has been, but remains elevated.



ZUCCHINI & YELLOW SQUASH : STEADY

The market on yellow squash and zucchini is pushing up slightly but supplies remain strong.

Problems & Issues

- Blackberries: Very high
- Blueberries: Remain Elevated
- Broccoli: Up \$5
- Carrots: Remain Elevated
- Cauliflower: Up \$10
- Celery: Up \$4
- Grapes: Remain Elevated
- Iceberg: Up \$6-8
- Peppers: Remain Elevated
- Romaine: Up Slightly
- Strawberries: Up Slightly

MORE IMPORTANT INFO...

We are in full transition mode right now for Western grown veggies. The new iceberg crops are not off to a great start - much of the crop is bolting. Bolting happens when the plants have been exposed to more light and heat than ideal, leading them to go straight to producing seeds. When this happens the iceberg is not edible. The tight iceberg supplies have impacted the romaine market, prices are trending up.

Broccoli and cauliflower supplies are tight until the new growing regions take off, celery as well. Artichokes are extremely limited and prices extremely elevated.

The issues with blueberries, blackberries, strawberries, and tomatoes persist - no improvements in these market this week.

November is an exciting time for seasonal produce! Keep and eye out for Quince, Forelle Pears, Red Kuri Squash, and more!