

WARNINGS: BLUEBERRIES & CAULIFLOWER



APPLES: DOWN

Apples coming from both coasts this time of year. Prices are falling as availability improves.



ASPARAGUS: UP SLIGHTLY

The asparagus market is creeping back up due to growing regions transitions. The larger sizes remain less available with higher prices.



AVOCADOS: STEADY

Production is down a little this week due to the rain, but supplies and prices remain steady this week.



BROCC : DOWN \$3 CAULI : STABILIZING

Broccoli supplies are improving and the market is softening. The cauliflower market is gently falling.



BANANAS: STEADY

Bananas continue to be steady.



BRUSSELS: STEADY

The Brussels Sprout market is trending down but remains elevated from where it should be.



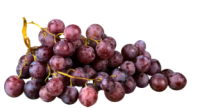
CITRUS: ELEVATED

Lemons and oranges are steady but limes remain elevated. Larger limes are very hard to find right now. Citrus production has started in FL.



LETTUCES: STEADY

Lettuces are steady right now.



GRAPES: REMAIN ELEVATED

This market has not recovered from the tropical storm. Poor quality product in the fields. Paying more for quality product right now.



ONIONS: STEADY

Green onion market is trending down but has not fully recovered from the tropical storm. The white and yellow onion markets are steady.



PEPPERS: UP \$5

The bell pepper market is pushing up. Colored bells are in decent shape, green bells are limited right now.



STRAWBERRIES: UP SLIGHTLY

This market has pushed up slightly. Availability has improved but quality remains a concern. Moisture in the fields is leading to mushy fruit.



TOMATOES: STEADY

Tennessee and Michigan are wrapping up, Alabama and Georgia are coming into play - as well as imports. Overall, the tomato market is steady. Grape and cherry tomatoes are tight.



ZUCCHINI & YELLOW SQUASH : TREDNING UP

Decent supplies, not abundant, as production in the north wraps up and the southern growing regions take off.

Problems & Issues

Asparagus: Up Slightly

Blueberries: Remain Elevated

Carrots: Remain Elevated

Corn: Up \$2

Grapes: Remain Elevated

Limes: Remain Elevated

Melons: Up \$4-5

Oranges: Up \$3

Peppers: Up \$5

Strawberries:
Up Slightly



BERRIES: BLUES ELEVATED

The supply issues with blueberries persist. Blackberries are more available - a good sub for blues right now. Raspberry supplies and prices are decent.



CELERY: STEADY

The celery market is steady and gradually improving.



CUCUMBERS: STEADY

The cucumber market is steady. Cooler than usual temps are slowing down production and could impact the market in coming weeks.



MELONS: UP \$4-5

This market has started pushing up. Smaller fruit is less available.

MORE IMPORTANT INFO...

Overall, the produce market is looking up from last week. Some items are still recovering from the tropical storms that hit Mexico and California, and most Eastern-grown crops are transitioning to new growing regions - but nothing extreme.

Blueberries, grapes, and melons remain challenging with tight supplies and elevated prices. While these fruits are tough, try leaning on some seasonally abundant fruits like apples! So many delicious varieties to explore.

Citrus production has started up in Florida - grapefruit, oranges, tangerines! Not much product entering the market just yet, but something to look forward to.

As for seasonal items, it's pumpkin time! Look out for pumpkins, gourds, corn husks, squashes, and more.