

WARNINGS: CARROTS & GREEN ONIONS



APPLES:
STEADY

Granny Smith supplies are tight and prices continue to rise. Apples are steady otherwise.



ASPARAGUS:
ELEVATED

The asparagus market is elevated and supplies are tight on all sizes. **Expect sizing to be smaller than usual.**



AVOCADOS:
TRENDING DOWN

This market remains elevated but prices are trending down as supplies improve this week. We are nearing the end of the growing region in Cali and Peru which could lead to tight supplies in coming weeks.



BROCC : UP SLIGHTLY
CAULI : STEADY

The broccoli market is pushing up slightly, supplies are less abundant. The cauliflower market remains steady.



CORN:
UP \$2

The corn market is elevated due to tight supplies.



BRUSSELS:
REMAIN ELEVATED

Brussels Sprouts remain tight resulting in elevated prices. This market will not improve until imports begin in the fall.



CITRUS:
MIXED MARKET

Lemons are steady at the moment. Limes are tight and prices elevated, up \$5. Oranges are up \$3.



CELERY:
STEADY

The celery market is steady.



CUCUMBERS:
UP \$4

Rain slowed down harvest in the previous weeks, supplies are still catching up leaving us with an elevated market.



MELONS:
UP \$2-3

Melons are abundant - quality and sugar content are great. Prices are starting to push up.



ONIONS:
STEADY

Green onion supplies are tight due to the tropical storm - prices are extreme. The white and yellow onion markets are steady.



PEPPERS:
STEADY

Supplies are starting to tighten up, right now the market remains steady.



POTATOES:
STEADY

Overall, the potato market is steady. New crops have entered the market.



STRAWBERRIES:
STEADY

Extreme heat in growing regions is leading to crop loss and poor quality. Expect shorter shelf life and bruising.



TOMATOES:
STEADY

Bigger fruit remains pretty steady. Smaller fruit remains tight. Romas remain elevated.



ZUCCHINI &
YELLOW SQUASH :
TREDNING UP

Cooler temps in the North Eastern growing region has slowed down growth resulting in tighter supplies and an elevated market.

Problems & Issues

Asparagus: Elevated

Blueberries: Elevated

Brussels Sprouts: Remain Elevated

Carrots: Remain Elevated

Corn: Up \$2

Cucumbers: Up \$4

Grapes: Up Again

Limes: Up \$5

Melons: Up \$2-3

Oranges: Up \$3



BERRIES:
MIXED MARKET

The blueberry market remains elevated.

MORE IMPORTANT INFO...

Tropical Storm Hilary hit growing areas in both Mexico and California. This is greatly impacting the carrot market - no product will be shipped out of that region for a couple of weeks. This is leading to extremely tight supplies and very elevated prices. The green onion market is in the same boat.

The grapes market was also hit hard by the tropical storm - nearly 20% of crops were destroyed. The grape market is elevated and continues to trend up.

Mixed market on Eastern veggies - leafy greens are plentiful, watermelon remains steady for now, heading into a gap for zucchini and yellow squash.

Keep an eye out for seasonal goodies entering the market - Delicata squash, red and rainbow chard, Lacinato kale, and more!