

Local Food Connection Proud Partner Cheekee Greens Farms



ABOUT

After many years as a chef and a community farmer, David Speegle worked with partners to create Cheekee Greens. Their goal is to improve how food production can better feed local communities. They utilize minimal-waste practices and indoor farming systems to plant, grow, and harvest next door to you. Their farms use new technology that enables a wholesome, cost effective, and sustainable model of food production. The farm grows leafy greens, herbs, vegetables, and mushrooms using techniques that create higher volumes of produce in smaller spaces than industrial agricultural practices.

LOCATION

Nashville, Tennessee

PRACTICES

- 3rd Party GAP Audited
- Pesticide Free
- Pick Tennessee
- Hydroponically Grown

PRODUCTS

- Mushrooms - Edible and Supplement Varieties
 - Greens and Herbs
- Products available year-round*

