

# Local Food Connection Proud Partner

# The Healing Kitchen



## ABOUT

The Healing Kitchen is owned by Tiffany Wise. She started the company to do more than just cook delicious food. The Healing Kitchen prides themselves on using the finest local and/or organically grown ingredients to ensure not only happy and healthy bellies, but a supported and sustainable farming community. The Healing Kitchen is not just another brand of food. It is a movement to connect the dots of dis-ease and what we are putting in our bodies. It's getting to the root cause of sickness and suffering and finding ways to take control of our health in our own kitchen.



## LOCATION

Newport, KY

*Tiffany's mission is to provide a line of delicious and healthy foods and also inspire others to get back into the kitchen to protect and fuel their health.*

## PRACTICES

Gluten Free  
Dairy Free  
Soy Free  
Non-GMO

## PRODUCTS

Flax Seed Crackers  
Fermented Veggies

