



# BAKERY

{BY FROTHY MONKEY}

Frothy Monkey has been a staple in the Nashville community since 2004. You can count on Frothy to deliver quality, creativity, and approachability in everything we create whether it be in one of our cafes, at our coffee roastery, or our bakery. Our relationships with farmers and others who care about where ingredients come from is at the center of who we are.

In true Frothy Monkey fashion, our bagels are made from simple, thoughtfully-sourced ingredients. Each bagel requires a three day process to achieve artisan perfection, and we use our Sourdough starter to yield a rich and deep flavor profile with a pleasant, lingering finish.

Frothy Monkey bagels have the perfect balance of flavor and texture. A Frothy Monkey bagel is delicious on its own, or served up toasted with cream cheese. With their soft, chewy texture and fantastic crust they also make a tasty sandwich even better.

**FROTHYMONKEYBAKERY.COM**  
**@FROTHYMONKEYBAKERY**



**What Chefs Want!**<sup>®</sup>

## BAGELS

### PLAIN BAGEL

CASE ITEM# 97925  
EACH ITEM# 90449



### EVERYTHING

CASE ITEM# 97926  
EACH ITEM# 90452



### WHOLE WHEAT

CASE ITEM# 10569  
EACH ITEM# 10570



### BLUEBERRY

CASE ITEM# 10576  
EACH ITEM# 10577



### CINNAMON RAISIN

CASE ITEM# 10574  
EACH ITEM# 10575



### GRUYERE + BLACK PEPPER

CASE ITEM# 10578  
EACH ITEM# 10579



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